

## **News for Summer 2012**

1. New format for championship meets.

The NBSL strives to give the best experience for ALL swimmers over the summer. We have made changes to the champion meet formats that we hope encourages all swimmers to feel a part of the NBSL.

## **News for Summer 2011**

1. All Coaches MUST use standard extra heat sheets.

2. All extra heats are due to the home team by noon, unless a later time is agreed to by both pools.

3. All Meet entry sheets now have 3 lanes for relays to be written in.

4. A Coach from each pool MUST attend mandatory coaches meeting before champs, we will not allow big changes or additions at the Championship Meet.

5. Prelims: In addition to positive check-in, we will allow coaches a chance to submit a sheet with their attending swimmers at the meet. Please do not check kids in yourself that are not there or we will get rid of this option.

6. Please use the Meet Survey for scorer's table after each meet. Turn these in at Prelims or Champs.

## **News for Summer 2010**

1. Changes have been made to the NBSL Rules.

2. There is a new Eligibility Agreement that each swimmer MUST sign and have on file with the NBSL to be eligible to swim at NBSL meets.

3. Changes to Ribbon Policy: Ribbons for 15 and overs are now optional per pool discretion.

4. Changes to 6 and Unders: 6 And Unders will not swim breast or fly at Prelims. 6 and Unders will be able to swim free or back at Prelims.

## **News for Summer 2009**

1. Changes have been made to the NBSL Rules. New Rule: An Individual cannot get in the pool and assist a swimmer down the lane during an NBSL sanctioned swim meet.

2. Changes have been made to the NBSL Code of Conduct.

5. New for 2009: Meet Referee and Stroke and Turn Training. Each pool must send one representative to this training.

3. Qualifying times for meets swam at 20 yard pools (Timberlane) are posted with the other qualifying times.

4. Archived Results from 2003-2008 are now available.

6. Further clarification of 6 and Unders at Prelims. 6 and unders will again swim at prelims. For Fly and Breast: we will DQ with dual confirmation. Any swimmer that swims the stroke correctly will be awarded a medal. All other swimmers will get participation ribbons.