Summary of 2023 Updates

The information contained in the NBSL Coach and Rep Handbook have been divided into separate documents. These documents will reside in the NBSL Resource Library. The Library can be accessed via the league website,<u>www.nbslswim.com</u>, and through the team google folders. The summary of updates include significant procedural changes, additional content, and deleted content. Removal of duplicate content or information moved between documents is not included in this summary.

The documents are:

- Summary of Updates 2023
- NBSL League President Welcome Letter
- NBSL League Information
- NBSL Meets & Meetings Schedule
- NBSL Dual Meet Procedures
- NBSL Championship Information
- NBSL End of Season Meet Announcements
- NBSL Swimmingly Information
- Forms Directory

Updates:

Added Language in **bold**

League Information:

Code of conduct:

- The consumption or possession use of tobacco/vape products, alcoholic beverages, or drugs other than those prescribed by a physician, is not permitted within the pool deck area (within the fence) prior to, during, or after the meets.
- Issues and questions regarding individual swim club personnel, unrelated to swim meets, shall be directed to the individual swim club manager and/or board of directors. The NBSL does not have any authority regarding swim club personnel matters.

Code of Conduct Enforcement:

• At dual meets, any allegation of a code of conduct violation reported to a NBSL Representative or designee, shall be communicated to and discussed by NBSL reps of all attending teams and if agreed upon by all reps may result in any one or all of the following penalties:

Swimmer Eligibility:

Summary of 2023 Updates

- Following USA Swimming guidelines, as the NBSL is not an elite swim league, a swimmer may compete as the swimmer identified gender **upon registration for the entirety of the season**.
- All **new families** must **complete electronic** swimmer eligibility forms for the 2023 season **at the time of registration**. A swimmer without a form will be considered ineligible.
- **** In extraordinary cases, exceptions to these rules may be requested by appealing, via email, to the **Officers of the NBSL Board** prior to the start of the dual meet season.

Issue Resolution:

- Any issues that arise before the meet season begins or before the beginning of any swim meet that need to be resolved will be brought to the attention of the NBSL Officers(President, Vice President, Secretary, Treasurer, and Divisional At Large Members). It is their responsibility to interpret the rulebook as it applies to each situation and to use their best judgment in areas where the rules are not 100% clear.
- If the Meet Referee and NBSL Representatives from both pools are unable to resolve an issue before or during a swim meet in a reasonable amount of time (around 10 minutes), the meet director is to complete the Electronic Issue Resolution Form in its entirety. The Meet Referee/NBSL Representative is responsible for submitting the form to the NBSL within 24 hours.

League Rules:

Deleted: (due to SWIMMINGLY Solution)

- Lineups that have been submitted (by 5:15 pm) must include the first initial and last name. (In cases where more than one swimmer has the same initial the full name is required). Entries must be completed in Swimmingly and one copy printed for the scorers table marked by the scorer as ORIGINAL. No changes are permitted after entries have been turned in. Coaches may provide a list with one alternate per event that counts against the legal number of official entries permitted per person. The coach must inform the scorer 2 events prior to the start of that event if an alternate will be used, after which no changes are permitted. Relay entries are subject to the same rules as individual events. Failure to comply with any of these rules will result in a disqualification of that entry. (due to SWIMMINGLY Registration Solution)
- Lineups not complete by 5:15 pm should result in a 7-point penalty.
- In the event of a cancellation or postponement only swimmers listed on the ORIGINAL Lineup are allowed to swim. This includes alternates.
- 1. Supplemental rules governing 6 and under: (In Dual Meets Only)
 - *B.* Judges should still inform swimmers and coaches of the "infraction".
- If ribbons are not completed at the meet, it is the home pools responsibility to complete and deliver ribbons to the visiting pool in a reasonable and agreed upon

Summary of 2023 Updates

amount of time.

- The referee **shall attempt to should** settle all disputes. Otherwise follow the issue resolution procedures within 24 hours of the conclusion of the meet in question.
- The starting/diving policies of each club will be presented at the coaches meeting every year. The NBSL looks to the rules and regulations as provided by USA Swimming, which requires a minimum diving depth of 4 feet,otherwise in-pool starts are required. but each club determines their policy based on their individual pool circumstances.
- In the event of inclement weather, teams should wait at least one hour before postponing a dual meet. The pool manager/operator, the Meet Referee with the NBSL reps from each team; and not the coach, will make the final decision if and when the meet will be rescheduled. Teams should wait at least one hour before postponing a dual meet. If the meet needs to be rescheduled it should be swum the next evening or as soon as possible if there is a scheduled event already for the pool. If the meet needs to be rescheduled and the NBSL reps cannot agree then the meet will be swum the next available night. Postponed meets will be resumed at the point where the meet was stopped.
- An individual cannot get in the pool and assist a swimmer down the lane during an NBSL sanctioned swim meet, with the exception of a swimmer with special needs(exempting non-swimmers) as communicated to the Meet Referee at the beginning of the meet.
- A representative from each pool is required to attend all NBSL meetings. An e-mail letter of warning will be sent to the President of the Board of the offending pool after the second meeting at which a pool fails to have representation. The league fee will double for the offending pool after the third meeting in any one season (September-August) at which a pool fails to have representation.
- Blatant disregard of any of the above rules could result in additional penalties imposed against the offending club at the discretion of the NBSL Board **Officers**. Penalties could include, but are not limited to: deduction of points from the final score, monetary fines, or forfeiture of the meet depending on the type of infraction.

NBSL Schedule of Meets & Meetings Changes:

Calendar formatted to begin in June, when the schedule is published.

NBSL Dual Meet Procedures:

- Swimmingly instructions have been updated to version 10.
- Any non-scoring swimmer in the event may be considered an alternate, unless that swimmer will exceed the allowed number of individual events or relays.

Meet Referee

• The Referee is in charge of the entire meet, over the coaches, officials, spectators and

Summary of 2023 Updates

swimmers. In the case of no assigned Referee, the home team NBSL Representative or designee shall be the Referee. The Referee should have an understanding of USA Swimming Rules governing strokes and turns.

- The meet Referee must be announced over the loudspeaker before the meet begins. In advance of the meet start, the meet referee shall be communicated to the away team.
- EnsureArrange for qualified officials and assign all officials are at to their proper positions for the duration of the meet.
- Colaborate Decide on postponements due to any/all circumstances including weather and. Upon deciding on canceling or postponing a meet the Referee will determine the time and place to resume the meet. Postponed meets will be resumed at the point where the meet was stopped. The original lineup will be strictly adhered to with no changes to the original sheet. Only those listed on the original may swim. This applies to alternates as well. Postponed meets should be resumed the next day when possible. If mutually agreed upon by both club's NBSL representatives and approved by the referee, meets may be rescheduled for a later date. The referee will make the final decision and inform teams, parents, officials, etc. over the public address system of the date and time of the rescheduled meet prior to leaving the pool. Both pool NBSL Representatives should keep the official copies of the lineups during the postponement. Please try to wait at least one hour to try to get the meet in before canceling.
- Work to resolve any disputes related to stroke and turn infractions. If a mutual agreement cannot be made during the meet, follow the dispute resolution process as outlined above.
- Discipline The referee representing the home pool shall be responsible for the maintenance of proper behavior at all times during the meet. The referee has the authority to:
 - i. Challenge a swimmer's eligibility
 - ii. Challenge the eligibility of officials
 - iii. Overrule any decisions by other officials
 - iv. Stop the meet to clear pool deck, scores table, etc.,
 - v. Determine unsportsmanlike conduct by any person on the pool grounds and to take appropriate action to insure NBSL code of conduct rules is strictly followed!

Starter

• Dual confirmation of false starts is not required. The starter will determine if there is a false start and communicate that to a stroke & turn judge.

Summary of 2023 Updates

Place Judge

- Record race finish result on place sheet and give to runner/head timer.
- Must judge places for all lanes and heats, not just the official heats.
- For Relays:Determine if swimmer #3 leaves before swimmer #2 touches the end of the pool for ALL lanes for the 8 & U Freestyle Relay and the 10 & Under Medley and Freestyle Relays. **Record early takeoffs.** (The scorekeeper will determine if early take off was dual confirmed).
- For all other relays a **place judge** n official from each team will stand at the start end of the pool to determine if the next swimmer for each lane leaves the block before the finishing swimmer touches the end of the pool. All lanes will be judged by both officials and must be dual confirmed.
- Note: How to watch for an early take-off: Watch the feet of the swimmer on the starting block, after they leave the block look down to the incoming swimmer to see if they have touched the wall with any part of his/her body (this does not need to be

the swimmer's hand).

Stroke and Turn Judges

- Shall have jurisdiction of all swimmers immediately after the starting signal.
- The pool will be divided in half with one team's official having jurisdiction over one side of the pool (i.e., Lane 1,2, & 3) and the other team's official having jurisdiction over the other side of the pool (i.e., Lane 4, 5, & 6).
- Must have a clear view of the entire pool, and walk the length of the pool to stay in proper position. If the set up of the pool prevents one official from walking the entire length of the pool, both officials will only walk as far back and forth along as the inhibited official is able to walk.
- The officials will watch their own lanes equally, even if there is no swimmer in one or more of their lanes. This helps to make sure all swimmers are judged equally.
- Stroke and Turn Judges should wear white shirts to be more easily identified by each team.
- Early takeoffs must be dual confirmed in order for the infraction to disqualify the relay team (both judges must agree) Record which lane has the infraction and which swimmer your mobile device at the time of the infraction. After the race is finished, consult the other place judge for swimmer #3. Signal the disqualification by raising a hand. If both judges do not agree, there will be no recorded infraction. The stroke and turn official will then record a DQ for relay take-off. (DISCUSSION FROM ABOVE RELATED TO SECOND OFFICIAL AND HOW START END EARLY TAKE OFFS WILL BE RECORDED IN SWIMMINGLY).

Summary of 2023 Updates

Lane Timer

• A parent should step away or switch lanes (i.e. move from lane 4 to lane 5) when their child is swimming. Parents should not time their child. (Swimmingly Solution)

Announcer

- Before the start of each heat event(during the current heat), the announcer shall announce the event, lane, and name of swimmer and club affiliation of each competitor.
- At appropriate intervals, announcer shall announce the running score. The decision to announce the score and at what interval is made by the home team.
- Announcer may make any other announcements as requested by the Home team NBSL Representative Meet Director or the Pool Management.
- Team scores will not be announced during, or at the end of the friendly meet. unless agreed upon by both pool's NBSL Representatives.

Scorers

- A minimum of one scorer, from each team shall be designated.
- A time discrepancy threshold of .4 will be set in swimmingly for all NBSL swim meets.
- Swimmingly uses times to determine places. If BOTH Place judges disagree with the finish as assigned by the times, the scorekeeper will manually adjust the results to align with the place judges. Only the places where BOTH place judges disagreed, swimmingly placement will be changed. Scorekeepers are only reviewing place judge cards when there is a flag in swimmingly, a swimmingly failure or a discrepancy under review.
- Place judges and officials will be judging relay takeoff. These must be compared and dual confirmed early takeoffs will be recorded as a disqualification of that relay team by the scorekeeper.
- Print ribbon labels for Ribbon Writers periodically during or after the meet within 24 hrs.
- Meet Results should also be emailed to the NBSL to be published on the website within 3 days of the completed meet. (The secretary will get results from the clubhouse).

Head Timer/Runner/Back Up Timer

 If used, duties will be assigned by NBSL Representative meet referee as needed. Assign and instruct timers

Scoring Table Meet Guidelines

• Merged Lineup: List of official swimmers, the home team shall provide 2 printed copies,

Summary of 2023 Updates

one for each team's scorer. Includes all events and all official and unofficial swimmers.