

Dear NBSL Swimmers and Families,

Welcome to the 2023 NBSL Swim Season! On behalf of the entire NBSL board, coaches, and staff, I am thrilled to extend a warm welcome to all the participants and families who will be joining us for another exciting summer of swimming.

As we embark on this new season, we are filled with anticipation and enthusiasm for the incredible experiences that lie ahead. The NBSL Swim League has always been about more than just competition; it's a community that fosters growth, camaraderie, and a lifelong love for the sport of swimming. Whether you are a seasoned swimmer or a first-time participant, we are excited to have you as part of our swimming family.

Throughout the season, we will be focusing on enhancing our skills, challenging ourselves, and building lasting friendships. Our dedicated coaches are committed to providing an environment that nurtures each swimmer's potential while promoting teamwork and sportsmanship. We will celebrate the achievements of individuals and cheer for every swimmer who takes the plunge into the pool.

The NBSL Handbook serves as a comprehensive guide, containing all the essential information you need to navigate the season successfully. From practice schedules and meet details to important rules and guidelines, you will find everything you need to know within its pages. Please take the time to review the handbook thoroughly, as it will be an invaluable resource throughout the season.

I would like to extend my deepest gratitude to the volunteers, parents, and sponsors who make the NBSL Swim League possible. Your support and dedication are instrumental in creating an enjoyable and rewarding experience for our swimmers. We, the NBSL Executive Board and Swim Club representatives, are truly grateful for your continued commitment to our organization.

To the swimmers, I encourage you to embrace the challenges and opportunities that this season presents. Each stroke, each turn, and each race is an opportunity for growth and improvement. Cherish the friendships you will forge, and remember that the journey is just as important as the destination. Swim your best, support your teammates, and most importantly, have fun!

I wish you all an incredible 2023 NBSL Swim Season filled with personal achievements, unforgettable memories, and an enduring love for the sport of swimming. Together, let's make this season one to remember!

Sincerely,

Kristin Pidgeon NBSL Swim League President